150 cancer surgeries under hypnosis: a valuable alternative to preserve the ecology of the patients

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RESULTS AND DISCUSSION

- **Types of surgeries:** breast, gynecological surgeries
- **The mean surgical duration** was 60 min (30 to 160 min).
- **The mean length of stay in the recovery room** was 35 min.

![Age distribution chart]

- **The average age was 60.5 [18-100]**

- For 98.6% of the patients, the hypnosedation lets to achieve surgery under comfortable conditions for the patient as well as for the surgeon. In 2 cases of discomfort, the procedure was easily converted to general anesthesia.

CONCLUSION

- Hypnosedation can be proposed as a useful alternative to a general anesthesia in various types of surgeries, including major breast surgeries.
- By minimizing effect of anesthesia, this technique contributes to preserve the ecology of the patient and is particularly valuable for vulnerable patients.

REFERENCES


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